In-Home Allied Health Referral Form

Plena Healthcare

Click here for the **Group Based Training Referral Form** Click here for the **NDIS Allied Health Referral Form**

136 033 community@plenahealthcare.com.au **Date of referral:** _____

Consumer Details *Required to process referral

Name: _____ **Date of Birth:** _____

Phone Number: _____

Email Address: _____

Consumer Address: ☐ Home ☐ Facility

_____

Gender:

☐ Female ☐ Male ☐ Transgender/ Non Binary/ Gender Diverse

☐ Prefer not to answer

Preferred Booking Contact:

☐ Phone ☐ Email ☐ Contact via NOK ☐ Contact via Case Manager

Next Of Kin Contact Details / Alternative Contact Person *Required to process referral

Name: _____ **Relationship:** _____

Phone Number: _____ **Alternative Number:** _____

Email Address: _____

Referring Person / Company Details *Required to process referral

Name: _____ **Email Address:** _____

Company: _____ **Postal Address:** _____

Phone Number: _____ _____

Payment Type + Invoicing *Required to process referral

☐ Home Care Package ☐ Private ☐ STRC ☐ CHSP provider ☐ Medicare CDM/EPC

☐ Other (please specify)

_____

Provider Name: _____ **Invoice Contact Name:** _____

Coordinator's Name: _____ **Email Address for Invoices:** _____

Preferred Appointment Type *Required to process referral

Location: ☐ Face to face ☐ Telehealth ☐ No preference

Preferred Language: _____

Therapist Gender: ☐ Female ☐ Male ☐ No preference

Is an interpreter required? ☐ Yes ☐ No

Regular Unavailability (please provide days and times) Appointments, Care Workers, Etc.

Referral Details

☐ Occupational Therapy

Occupational Therapy Package options

- ☐ **Home and Environment Safety Check** *(2 hours total)*
- ☐ **Base Equipment Package** *(4 hours total)*
- ☐ **Base Home Modification Package** *(4 hours total)*
- ☐ **Complex Equipment Package** *(6 hours total)*
- ☐ **All In One Equipment & Home Modification Package** *(7 hours total)*
- ☐ **Powered Mobility Device Prescription Package** *(8 hours total)*
- ☐ **Ramp Home Modification Package** *(8 hours total)*
- ☐ **Transfer Equipment Package** *(9 hours total)*

The hours of selected package are pre-approved

Assessment of:

- ☐ Mobility and transfers: *area* _____
- ☐ Falls review: *comment* _____
- ☐ Equipment review: *comment* _____
- ☐ Powered Mobility Device or scooter assessment:
  Please describe: i.e. Currently driving? Has this person recently been reviewed by GP? When? _____
- ☐ Home safety assessment: *area of concern* _____
- ☐ Home environment and potential modifications:
  Please describe area of concern i.e. unable to access property (front, back, side), bathroom, toilet, bedroom, garden
  _____
- ☐ Assistive technology
- ☐ Activities of daily living retraining: *please describe*
  _____

☐ Dietetics

- ☐ Dietary assessment
- ☐ Meal planning
- ☐ Low or change to appetite
- ☐ Weight management
- ☐ Nutrition support (oral supplements and enteral feeding)
- ☐ Chronic health management
- ☐ Dysphagia/texture modified diet planning
  (please refer in conjunction with a Speech Pathologist)

☐ Physiotherapy

Physiotherapy Package options

- ☐ **Steady Steps** *(3x (1 hour) sessions per week, 12 week)*
  Balance and Falls Prevention
- ☐ **Joint and Neurological Health** *(3x (1 hour) sessions per week, 12 week)*
  Musculoskeletal & Neurological Wellness
- ☐ **Heart and Lung Health** *(2x (1 hour) sessions per week, 12 week)*
  Cardiac and Respiratory Wellness
- ☐ **Out and About** *(2x (1 hour) sessions per week, 8 week)*
  Community access and pre/post op care

The hours of selected package are pre-approved

Assessment of:

- ☐ Pain: *body region* _____
- ☐ Mobility and transfers: *area of concern* _____
- ☐ Strength or range of motion: *body region* _____
- ☐ Falls review: *comment* _____
- ☐ Post hospitalisation or recent surgery: *describe* _____
- ☐ Safety in the home: *area of home* _____
- ☐ Manual Handling Review _____

☐ Speech Pathology

- ☐ Swallow/Eating/Drinking Support
- ☐ Mealtime Assessment Plan
- ☐ Communication Support
- ☐ Voice Therapy
- ☐ Dysphagia/texture modified diet planning
  (please refer in conjunction with a Dietitian)

☐ Podiatry

- ☐ General Foot Care
- ☐ Corns, Callus or Pressure Area
- ☐ Ingrown Nails
- ☐ Footwear Assessment
- ☐ Biomechanical assessment for foot pain
- ☐ Biomechanical assessment for orthotic therapy

Areas of Concern

Consumer Primary Goal

Medical History

Primary Diagnosis

Recent Falls, Surgery or Risks
Examples: Surgery in last 12 months, Falls in the last 6 months

Cognitive Diagnosis
Dementia, Alzheimer's or specific precautions

Specific Precautions
Examples: Mobility aids, 2 x assist, communicable disease

Other Relevant Medical Information

***Please use '**Other Relevant Information**' on the next page for additional information as required and attach any relevant documentation, care plans and reports.*

Other Relevant Information**

All referrals to be sent directly to **community@plenahealthcare.com.au** for triage and processing.